



910.399.1950
ConfidenceMartialArts.com



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY***	SATURDAY
ATA Tigers - Beginner	5:00pm-5:30pm	—	5:00pm-5:30pm	—		Instructor/CIT Training 9:30am - 10:00am
ATA Tigers - Advanced BBC	5:30pm-6:00pm	—	5:30pm-6:00pm	—		ATA Tigers - BBC 10:00am - 10:30am
K4K - Beginners	6:00pm-6:45pm	5:00pm-5:45pm	6:00pm-6:45pm	5:00pm-5:45pm		ATA Tigers - Beginner 10:30am - 11:00am
K4K - Advanced LP-IP	6:45pm-7:30pm	5:45pm-6:30pm	6:45pm-7:30pm	5:45pm-6:30pm	5:30pm-6:00pm Adv. White-Green	Family Class 11:00am - 11:30am
Instructor Training	—	6:30pm-7:00pm	—	6:30pm-7:00pm	6:00pm-6:30pm Sparring Class	XMA/Creative/Demo Class 11:30am - 12:15pm
K4K - Advanced LP-IP Black Belts	—	7:00pm-7:30pm	—	7:00pm-7:30pm	6:30pm-7:00pm Adv. Purple +	Black Belt Only Class 12:15pm - 1:00pm
Adult Taekwondo	7:30pm-8:15	11:00am-11:45am	7:30pm-8:15pm	11:00am-11:45am	7:00pm-7:30pm Instructor Training	
KRAV MAGA	—	7:30pm-8:15pm	—	7:30pm-8:15pm		

***FRIDAY CLASSES WILL START APRIL 10, 2015 AND WILL CONTINUE UNTIL SEPT. 25, 2015 UNLESS OTHERWISE NOTED.